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National Focal Point for IHR



SOPs and Guidelines for Quarantine Centers

Purpose & Scope:

This document shall provide the basic and operational information for establishment and functioning of Quarantine Centers that may serve for COVID-19 suspected patients. These SOPs and guidelines are interim and subject to change, due to continuous dynamics in knowledge development about COVID-19.

Definition:

- **Quarantine** separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.
- **Quarantine** ideally be established at point of entry of any country, region, city or society to protect the main population.

Essentials for quarantine centers:

1. Ideally should be a closed building with separate rooms and attached washrooms
2. Administration should designate the quarantine center at the place where population concentration may very low or outside of the cities.
3. Building should be well ventilated
4. The administration will designate dedicate staff for different tasks associate with quarantine center.
5. Staff must include doctors, nurse or medical technician, housekeeping, sanitary, food vendors, security staff and administration staff
6. Administration staff must perform entry and discharge records of the people who may be quarantine.
7. the administration shall develop laundry protocol for cleaning and disinfecting the sheets, cloths and other items.
8. The administration shall also develop corridors, common rooms, and other premises cleanliness and disinfection process.
9. The quarantine center must have ambulances with dedicated staff and disinfection protocol.
10. For environmental disinfection the administration assigns the staff to perform the decontamination and disinfection of the surfaces and internal environment (disinfection guidelines provided by NIH)
11. The administration shall follow the waste management protocols on daily basis as developed and deiminated by NIH

12. All staff working in the building of quarantine centers must wear PPEs as per SOPs
13. The quarantine staff shall change their PPEs after each shift of working and discard the used ones as per SOPs of Waste Management

Risk and Mitigation:

1. In case of lack of rooms, develop partition ground to ceiling by develop separate rooms
2. In case of lack of washrooms, the administration must develop SOPs while assigning sanitary staff to disinfect the washroom after each time use
3. The staff working with the people who develop symptoms and got positive in prospective times, must be monitored by the doctor and medical staff
4. If number of people in quarantine center develop symptoms at similar time, the staff must contact with respective agencies for re-risk assessment and management.

Records:

1. Entry and discharge register
2. SOPs and roster registers
3. Waste management performance
4. Disinfection calendars and performance